

City Employee Health Expo

Thursday, May 21

Airport (Terminal 2 Police Training Rooms)

9800 Airport Blvd.

(Park in the hourly parking lot, and follow the signs for the City Employee Health Expo to Terminal 2. Bring your ticket inside with you for validation.)

10:00 a.m. - 2:00 p.m.

All employees are invited to attend!*

- ❖ Free blood pressure, glucose, and vision screenings
 - ❖ Cooking demonstrations
- ❖ Free health assessments including:
 - stress and walking
- ❖ Health and Wellness Benefits information

Visit with representatives from the Employee Wellness Program, City Employee Health + Wellness Center, UnitedHealthcare, Deer Oaks Employee Assistance Program, Dealing with Diabetes Support Group, and more!

2009 City Employee Health Expos:

July 14, 2009
Municipal Plaza, 114 W. Commerce
10:00 a.m. – 2:00 p.m.

September 22, 2009
Ron Darner Central Operations Facility (Old Levi Strauss Building),
5800 Old Hwy 90 West
10:00 a.m. – 2:00 p.m.

**Contact the Employee Wellness Program
for more information!**
207-WELL (9355)
wellness@sanantonio.gov



*Employees are allowed two hours annually to attend one of the Health Expos.